

NBRC Career Development Workshop Outline

Conducted by: SUVRO'S INSTITUTE for Self-development and Leadership www.suvrosinstitute.com 9007508045/9547847964

Workshop title - *Along the path towards the PhD: maximizing your productivity, efficiency and creativity*

9.30 – 11.30: Module I – The science, art and craft of being a team member

- Exploring the self-concept test: Connecting to the salient (work/academic) identity through the Manfred Kuhn test
- Imbibing the spirit of co-ompetition (co-operation and competition)
- Four-tiered team building game designed to explore and elaborate upon the foundation of successful team-work:
 - ✓ Dealing with deadlines
 - ✓ Time-management
 - ✓ Delegating work in team-work
 - ✓ Taking responsibility for omissions and commissions
 - ✓ Exploring leadership values
 - ✓ Killing procrastination, the thief of time
- Examining the ingredients that go into making successful teams

11.30-13.30: Module II – the science, art and craft of independent thinking and collective action

- Divergent and convergent problem solving from E.F. Schumacher: why, where and how do both forms of problem-solving help in achieving genuine success in academe?
- Thinking out-of-the-box? – so what is in the box that we are discarding? What does the clichéd phrase *really* mean? Why and when is it really useful to think out-of-the-box?
- Timed team games in ‘thinking out-of-the-box’ and promoting divergent and convergent problem-solving
- The problems and paradox of groups
- What is ‘groupthink’?
- Looking into the perils of conformism: illustrations of social psychological experiments on conformity
- Different strokes for different folks – the question of being a fit or a misfit: where do you want to fit?

14.30-15.30: Module III – connecting the dots: your identities, passions and creativity

- ‘Guess who has come for dinner?’ – a timed game exploring the centrality of identities
- Impression management – why is this important for a scientist?
- ‘What kind of a worker are you?’ – looking at your identity and work-identity through diagrams
- Values, prioritization, decision making and re-visiting time-management
- Creating your Suvro Chatterjee Mental traits and aptitude inventories: the advantages for your career
- Re-cap; discussion; Q&A; Feedback forms